



Talent Solution GmbH Zadarstr. 3 82256 Fürstenfeldbruck Metro München info@talent-solution.de 0049-8141-4047808 www.talent-solution.de

HRB 226900 Amtsgericht München

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Neutral counselling and other support

There are really many counselling and support services in Germany, most of them are free of charge and offer help. The most important factor is that they are a neutral counselling service. No recruitment is done there and or referrals are not allowed.

It is important that you know independently about neutral counselling services. You can get information there that you rarely get from the employer or the agency. There are so many offers that it is difficult to compile all the sources, which is why we can only mention the most important ones here. If you are unsure, do not hesitate to contact one of the centres - they can be very helpful in different situations.

How and where can you get further independent information on this?

There are also special counselling services, for example, on employment contracts, commitment clauses, breaks, dismissal and compulsory insurance. You can find a selection here:

The Fair Integration offer is a counselling focus of the IQ funding programme. The counselling offer covers labour and social law issues that arise directly with the relationship and conditions in connection with the employer, e.g.: Wage, working hours, leave, dismissal, health insurance, etc.:

https://www.faire-integration.de/en/

The "Work and Life Network" (Sorry only in German language) for counselling foreign workers was founded for professional exchange, to ask for qualifications and for joint public relations work.

Counselling is available in several languages (mostly German, English, French, Spanish, Polish, Ukrainian, Croatian, Russian, Turkish, Arabic).

https://www.arbeitundleben.de/



Health insurance in Germany

If you are a member of a statutory health insurance scheme, you will receive your electronic health card, a kind of health insurance membership card. You bring the card with you to every doctor's appointment. It is also valid in all EU countries as well as in Great Britain, Iceland, Liechtenstein, Norway and Switzerland. This means that if you fall ill in these countries during a holiday or a business trip, you will get access to medical care locally with the European Health Insurance Card (EHIC). You don't have to apply for the EHIC. It is automatically printed on the back of your insurance card. It is advisable to find out about the procedure in an emergency from your health insurance company in good time, before travelling abroad to other countries.

Where do you get the information about these facts? The top-down method is the one that works best. You start with the emotion and then go down to the regions and institutions. For example, for health insurance funds:

- A. <u>https://www.bundesgesundheitsministerium.de/gesetzlich-versicherte.html</u>
- B. <u>https://www.bundesregierung.de/breg-de/aktuelles/beitragsbemessungsgrenzen-</u> 2021-1796480
- C. <u>https://www.make-it-in-germany.com/de/leben-in-deutschland/geld-</u> versicherung/krankenversicherung
- D. <u>https://www.krankenkassen.de</u>
- E. <u>https://handbookgermany.de/en.html</u>
- F. <u>https://handbookgermany.de/de/videos/explainer-videos/health-insurance.html</u>

Another source as before is the Handbook Germany

Handbook Germany provides A-Z answers about life in Germany in seven languages (German, Arabic, English, Persian, Turkish, French, Pashto and Russian).

With important tips on asylum, housing, health, work and education, as well as on daycare (kindergarten places, childcare), studying and much more. On the local pages you will find suitable contact persons in your region where you will be living.

https://handbookgermany.de/en.html

For example the topic:

How does the German care system work? https://handbookgermany.de/de/videos/explainer-videos/nursing-care.html



For the sake of completeness, we mention here the DGB's YouTube offering on labour law topics, but firstly there is no direct reference to nursing professions and secondly the channel is very confusing until you actually find the relevant information.

https://www.youtube.com/c/DGBDeutscherGewerkschaftsbund

On YouTube and Facebook, there are also thousands of testimonials from people who have already immigrated and many foreigners who talk about their experiences. Remember that every case is different. No case can be compared with another. Statements like "yes, but he made it that way are very subjective. Always remain independent, even in your own case.

Your case is unique and must be treated as such.



Online Deutsch lernen

Learn German Online

There are also many platforms that offer courses today. Of course, not all of them are certified and therefore cannot take an exam, but they are often a great additional help to internalise the language more quickly. Here are some sources for free or paid courses:

If a language course in your home country is too expensive or not available, you can also learn German online or improve your language skills. Partly, this is even free of charge.

Join the German learning community – free of charge

Just register to join the learning and teaching community free of charge.

- Interactive learning games: improve your German skills at all language levels
- Expert chat: find out interesting facts about all aspects of the German language
- Forum: pick up learning tips, ask questions, help others
- Groups: find learning partners and share experiences

https://www.goethe.de/prj/dfd/en/home.cfm

But there are many more option

First Infos:

http://sprachen-lernen-web.com/deutsch/

Online Schools

Deutsch Language Online Learning

The best way and the safest is having a training of the German language. We are constantly expanding our network with German language schools. If a language course is not available in your home country or can be too expensive, at least start learning German online for the basic language skills.



Free and Easy from A1 to B2 (Umsonst und einfach)

NEW from VHS

https://a1.vhs-lernportal.de/wws/9.php#/wws/home.php

Free and Easy from A1 to B2

http://www.deutschakademie.de/online-deutschkurs

Free and Easy from A1 to B2, Umsonst und einfach, A1 bis B2 http://deutsch.info/en/courses/a1

Free and Easy from A1 to B2, Umsonst und einfach, A1 bis B2 http://deutschtraining.org/

http://www.open.edu/openlearn/languages/german/rundblick-beginners-german/content-section-0

https://www.goethe.de/en/spr/ueb.html

Free und easy, Not challenging No standards A1 to B2 not considered

https://www.free-german-lessons-online.com/course/german-course-for-beginners/

Deutsche Welle

http://www.dw.com/en/learn-german/level-a1/s-13227

Deutsch Akademie

http://www.deutschakademie.de/online-deutschkurs/english/

http://www.deutschakademie.de/online-deutschkurs/choosereference.php



Not Free

Support on Groundlevel -Niveau start with 1,90 € per Month https://us.sofatutor.com/pricing

Famos Babbel Service: Easy and effective, start no Fee, then monthly fee 4,95 € (12 Months) to 6,95 € (3 Months) <u>https://lp.babbel.com/d/ENG_tutorial.html?l1=ENG&l2=DEU&autostart=beginner&ch=ORG</u>

https://www.deutsch-lernen.com/

Portale

http://www.deutsch-lernen-online.net/

Programms for Facilitys

http://www.rosettastone.de/schulen

http://www.rosettastone.de/lp/pro/

http://www.rosettastone.de/deutsch-lernen/online-kurs?dur=24

Free German language Course Youtube

https://www.youtube.com/playlist?list=PLDI7JofqmDnHxxS7NjiGgEapMeTQyPK5R



https://www.youtube.com/playlist?list=PLsoAwWtvF3L0JhCo4RSPG7Ex84I7RWT3T

https://www.youtube.com/playlist?list=PL9330EE78B779F2F2

https://www.youtube.com/channel/UCaeT58uDMIPpBlwAYaxN0LA

Vocabel Sites with Audio

http://lingohut.com/en/I59/free-german-lessons

funny and good https://www.loecsen.com/en/learn-german/88-2-1-essentials

Expensive Version with privat und group-sessions – hi quality

(ab 600 Euro je Kurs oder 99 € je Monat.) https://www.lingoda.de/deutsch/kurse/level/standard/a1

(Lessions with privat teacher starts 19 € per hour)

http://www.germanonlineinstitute.com/

other helpful sources with lots of material and also books for download are

https://alles-zum-deutschlernen.blogspot.de

https://www.telc.net/fileadmin/user_upload/telc_deutsch_b2_uebungstest_1.pdf